

# New Techniques in Integrative Functional Medicine

## Day 1 – Dr Robert Cass ND

Dr. Robert Cass has been a Naturopathic Physician for over 40 years. His early years of practice in Europe and Southern California (and now Canada) afforded him the opportunity to be at the **core of the exploding world of natural medicine**. Dr. Cass employs many bioenergetic medical protocols in clinical practice and in his college based courses, classes, seminars and consultations throughout Canada, the United States, Europe, the Far East and Central America.

He is the founding director of the **Academy of International BioEnergetic Sciences** which teaches advanced and master class electro dermal screening and other bioenergetic modalities and protocols.

Dr. Cass also designs and formulates the **Physica Energetics** remedy line. These are the prestigious Health Canada licensed, handcrafted, SPAGYRIC botanical, homeopathic tinctures and nutritional remedies that are being used successfully in thousands of clinics worldwide and in the United States, Canada, South and Central America, Europe, United Kingdom and Asia.

Dr. Cass is well known in international healing arts' circles as a compassionate healer, an enthusiastic teacher, natural medical counsellor to physicians and a fascinating presenter. His vibrant and thought provoking presentations are immediately applicable to all techniques and practices.



### WHEN DO YOU EVER GET TO MEET THE FORMULATOR?

Very rarely (if ever) do practitioners have the opportunity to meet and study directly from the formulator of one of the most highly respected, international, professional remedy lines.

Dr. Cass will provide specific, clinical apertures for today's stealth and poly-systemic complications from the causal chain perspective, *sequentially embedded* in the Physica Energetics' remedies.

He will be covering and demonstrating methods for managing the increasingly complex presentations of disease pathways. We all face the challenge of patients who are non-responsive to the protocols of the past. Now is the time to learn new methods to accelerate the diagnostic and treatment process.

### YOU WILL LEARN

- *BioEnergetic Medicine for the New Epidemics such as **Stealth Virus, Lyme, Autism, SMV-40***
- *Breakthroughs in Molecular Nutrition*
- *Prioritizing the Causal Chain **within the Homotoxicological and BioToxicosis Processes***
- *Clinical Application of the Physica Energetics Remedies including the 21 New Remedies*

# New Techniques in Integrative Functional Medicine

## Day 2 – Dr Stephen Atkins PhD – Functional Terrain Analysis



Dr Stephen Atkins has over 30 years of experience in holistic medicine. He is owner of Atkins Wellness Solutions, located in Huntington NY.

Dr Atkins received his PhD in Integrative Medicine in 2001 and is a Board Certified Holistic Health practitioner. He has worked in and has directed clinical services for medical facilities in both the United States and Mexico. He brings with him an exhaustive body of knowledge in nutrition, digestion, oral and intravenous nutritional therapies, integrative cancer therapies, detoxification, NAET, bio-energetic assessments and treatment, homeopathy, allopathic and bio-oxidative medicine

The *TERRAIN* describes the inner environment of the body. It is the regulation of pH, oxidation/reduction, mineral balance, enzyme kinetics, hormonal communication, nutrient delivery and waste removal between extra-cellular fluids (blood, saliva, urine and lymph) and the tissues and cells of the body that co-exist and interact in these fluids. The body has an amazing capacity for self-regulation in the face of the myriad stresses of everyday life.

Terrain damage and the emergence of functional disturbances occur however, when the self-regulatory capacities of the body are overwhelmed as the result of increasing intensities of compromising stressors as antibiotics, nutrient deficiencies, pathogens, vaccinations, environmental toxins and so forth.

Fatigue, low energy, hormonal imbalances, reduced immunity and digestive dysfunction etc. are often the expression of aggravated terrain damage and should be viewed as *communication* between the body and the outside world. The focus of treatment therefore, is not to practice suppressive medicine but to address these poly-systemic, underlying imbalances.

### Benefits of *Functional Terrain Analysis*:

- Address imbalances, subtle and otherwise.
- Provides the practitioner with *immediate accessible in-office information* to determine the imbalances in the physiology and biochemistry of the patient
- Stops the endless cycle of chasing symptoms and gets to the cause of the problem
- Serves as a teaching guide to share with the patient, allowing them to take a more active role in their health care
- Acts as “*Gateway Tests*” to assist the practitioner to determine the need for additional and specific approaches
- The practitioner is presented with a clearer starting/reference point to determine the effectiveness and duration of treatment strategies and protocols

Participants will learn a clinically-applicable set of specific *IN HOUSE* laboratory tests, causal chain interpretation and remedy application. **A comprehensive reference manual is included.**

- Acid-base equilibrium
- Specific mineral imbalances
- Effects of stress on the body
- Presence of abnormal metabolites in the body
- Assimilation absorption, digestion and utilization of macro and micro nutrients
- Overgrowth of abnormal bacteria in the digestive system
- Evidence of adrenal dysfunction
- Presence of free radicals and s in the body
- ..... and more!

### Functional Assessment Parameters:

- Acid/Alkaline balance
- Kidney Assessment
- Calcium and Mineralization
- Bowel Toxicity
- Adrenal Assessment
- Digestion Assessment/Assimilation
- Vitamin C Assessment
- Oxidation

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### Day 3 (am) – Dr Julia Hunter MD



Dr Julia Hunter, dermatologist and founder of Wholistic Dermatology, located in Beverly Hills, CA developed her practice that creates healthy bodies and healthy beautiful skin using an “wholistic” approach. With an international clientele, Dr Hunter is an expert in natural anti-aging treatments and bio-identical hormone replacement therapy. She will share her insights into the interpretation of advanced blood work and her protocols **for preventing and treating hormonal imbalances** and other preventable diseases.

In addition to her speciality in dermatology Dr Hunter brings an extensive background in many branches of medicine including paediatrics and anaesthesiology. She is the formulator of her own skin care range and believes that beauty comes from the inside. Dr Hunter is a well-known speaker and authority on product ingredients, the technology of her specialty, why this vs. that, what works and why, what is the healthy and best alternative, maximizing and maintaining health and beauty.

She utilises all aspects of functional medicine in both the assessment and treatment of her patients. She will share with us:

- What blood tests to order and how to interpret results
- How to combine this data with other diagnostic results such as EAV
- How to get patients on track with good nutrition
- Protocols for prevention of disease
- Why Bio-identical hormones over synthetic HRT?
- Hormonal imbalances and how to correct them naturally
- The importance of using “chirally correct” skin care products

### Day 3 (pm) – Geoffrey Montague-Smith DO



Geoffrey qualified from the British School of Osteopathy in 1989 with the prize for Osteopathic Technique and has been in practice for 25 years working with a model of Integrative Osteopathic Medicine. Geoffrey founded the Atman Clinic in 1995 as a centre of excellence for complementary medicine bringing Doctors, Dentists and practitioners from allied fields under one roof.

Geoffrey's unique holistic approach to his patient's health combines advanced osteopathic techniques with EAV, vibrational medicine and spiritual psychotherapeutics for the treatment of a wide variety of conditions, often succeeding where allopathic medicine may have failed. He is a keen proponent of the Naturopathic approach and is now excited to be one the first to use the **AlfaSight 9000 Regulation Thermometry** device in his clinic. He will share:

- How to integrate the physical and bio-energetic methods of assessment and treatment
- Concepts of Bio-energetic terrain and the role of bio-resonance in patient care
- The first demonstration of Regulation Thermometry in the UK