

Atman Academy



HARMONIC SOUND IN THERAPY Using Musical Tuning Forks

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COURSE OVERVIEW

Energetic medicine using the vibration of simple harmonic sound aims to facilitate the effectiveness of other therapies, reduce recovery time and support in the integration of the healing processes. It is especially helpful in clearing the residual effects of trauma and with conditions whose recovery is inconsistent.

The basic tools used are an Aluminium C 256Hz, G 384Hz and a High C 4096 Hz. The perfect fifth of C and G represent the principles of Yin and Yang. The High C provides a diagnostic echo or feedback of dissonance or resonance over the body. A nickel plated steel diatonic octave set of 7 forks rising from the C 256Hz relates directly through its own seven tones to the primary spectrum of 7 monochromatic colours. To these are added an Aluminium C 128Hz which works with bone resonance and an Om Tuner 136.1Hz which is a universal balancing tone.

Working with specific musical tuning forks adds another dimension to diagnosis, it contributes through specific tones therapeutically and provides a useful post treatment check reference.

In this introduction training intensive we view the body as a hologram, an entry point into structures, systems and levels both material and more subtle.

Clearing static from the biomagnetic fields and 'awakening' the skeletal structure, the main nerve plexi and endocrine centers is a foundation. It is a simple and rapid procedure. Circulation, muscle tension and mood respond to this.

Using the Aluminium C and G we work with the harmonic 'still point' at the 'union' of their frequencies. This is experienced through skeletal structures and articulations, organs, endocrine glands and nerve plexi as an anchoring of their basic resonant vibration. This opens the flow of energy and the information it carries specific to that area in relation the body as a whole.

Energetic release and flow is worked with through the brain, cranial structures, the spine and pelvis. This facilitates the effectiveness of whatever therapeutic work follows. Through the 'sound echo', there is a check or feedback on the receptivity of the body. Bone resonance is looked into more specifically especially in relation to fractures, developmental processes and chronic repetitive and degenerative conditions.

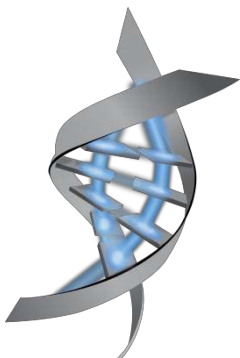
Trauma of all kinds is examined in relation the contribution the sound work can offer. It is approached directly on the body and in the biomagnetic fields around the body. The release of residual shock is easily and effectively handled. There are no 'side-effects' to the sound work. It is not cathartic. It is essentially an integrative experience.

Behind this work there is a 'holistic philosophy' for the Therapist to consider and compare with their own appreciation. Through the training, each Student experiences the work directly on themselves. This is the most valuable education. We place great emphasis on the development of the practical skills required in doing this work.

The work is essentially rapid and uncomplicated. It enters easily and contributes effectively into other therapeutic procedures.

Vibrational Medicine: The Healing Power of Sound

This foundational session is necessary to lay the groundwork and prepare students for the upcoming clinical sessions to follow.



- The science of sound
- Historical and philosophical perspectives
- Clearing biomagnetic static
- Opening energetic channels for drainage
- Removing blocks in the skeletal crystalline matrix
- Sound diagnosis using the 384Hz and High C 4096 Hz
- Dissonance in the biomagnetic field its meaning and interpretation
- Remedy testing at the point of dissonance
- Natural remedy protocols for resolution of common ailments
- Sound frequencies at the point of dissonance and their role in bio-resonance
- Resolving acute and chronic physical trauma, practical protocols for accelerated healing
- Accessing the "Still Point"
- Neuro-endocrine rebalancing via the Chakra system
- Cranio-sacral sound resonance in adult and paediatric patients
- Diagnostic and therapeutic protocols for the brain, spine, joints and limbs
- Case studies, clinical tips, treatment shortcuts with consideration of how to effectively integrate vibrational medicine into your practice

Further details are posted on our website at www.atmanacademy.co.uk