



# Vibrational Medicine: The Healing Power of Sound



## Day 1

Section 1	9:00 – 10:30	AM	<b>Introduction</b> <b>Theory:</b> Introduction to the Tuning Forks and the development of this approach in their use. <b>Concept:</b> Viewing the body as a hologram. <b>Practical:</b> Clearing, sweeping and anchoring ‘the energy fields’ around the body.
	10:30 – 11:00	AM	<b>BREAK</b>
Section 2	11:30 – 13:00	AM	Science of Sound. Historical and philosophical perspectives. Evidence for “sound into form”. Future Medicine.
	13:00 – 14:00	PM	<b>LUNCH</b>
Section 3	14:00 – 15:30	PM	<b>Theory:</b> The joints and main-endocrine centers from the sound perspective. <b>Concept:</b> Still point work through sound. Diagnostic indications and checking progress using sound. <b>Practical:</b> Application of still point sound work through the joints and through the main nerve and gland centers
	15:30 – 16:00	PM	<b>BREAK</b>
Section 4	16:00 – 17:30	PM	Continuation of the above work. Specific application to questions and problems of the participants. Review and close of the day

To aid you in your studies, please bring with you:

An A4 note pad/book, pens and colouring pencils. We will be using a flip chart to hand draw explanatory diagrams which you may wish to copy in colour. Also if you have a laptop computer available it would be a good idea to bring it with you as we will be giving out USB sticks with all reference material in PDF format. This will enable you to review some of the reference material overnight.

If you are arriving by car and can bring a portable treatment table with you it will be very helpful during some of the practical sessions.

## Day 2

Section 1	9:00 – 10:30	AM	<b>Introduction</b> <b>Theory:</b> Sound, the Brain and the Cranio-Spinal-Sacral-Pelvic system. This opens up themes for the day. <b>Concepts:</b> The 'master still-point' in the brain. Sound assessment for specific vertebrae. Using sound to 'choose' the most appropriate tuning fork. Bone resonance.
	10:30 – 11:00	AM	<b>BREAK</b>
Section 2	11:30 – 13:00	AM	<b>Practical:</b> Application of still-point work through the brain and the spine. Specific attention to 'sound indications'. Working on and off the body. Sound and light receptivity.
	13:00 – 14:00	PM	<b>LUNCH</b>
Section 3	14:00 – 15:30	PM	Sound and 'drainage' through the extremities. Sound into organs and systems. Sound into shock and trauma. Sound support in emergencies.
	15:30 – 16:00	PM	<b>BREAK</b>
Section 4	16:00 – 17:30	PM	Specific application to questions and problems of the participants. Demonstration of assessment, diagnosis and treatment using sound.
			Review and close of the day

## Day 3

Section 1	9:00 – 10:30	AM	<b>Introduction</b> <b>Theory:</b> Sound, boney resonance and developmental processes. <b>Concept:</b> 'What happens can unhappen' <b>Practical:</b> Specific application of sound in relation to developmental processes to cranial, spinal and pelvic areas. Specific application to questions and problems of the participants.
	10:30 – 11:00	AM	<b>BREAK</b>
Section 2	11:30 – 13:00	AM	Clinical Integration of Sound Therapy. Common findings and treatment protocols. Sound in Obstetrics and Paediatrics. Case studies.
	13:00 – 14:00	PM	<b>LUNCH</b>
Section 3	14:00 – 16:00	PM	Sound and psychology - sound and the 'inner story'. Sound on its own and sound as an adjunct and support to other methods.  Review and close of the day